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The Board The Resource Center Making Complex Ideas Simple



Timely Topic - From the Field - About BRC

# **Timely Topic** Emergency Preparedness

43% reported not having supplies set aside in their homes.
56% reported they do not update supplies once a year.
41% parents unaware of emergency plans of their child's school.
66% were unfamiliar with information about local hazards. Key Findings - FEMA's 2009 Citizen Corps National Survey

Despite higher risk during a disaster, households with members who have function and access needs are not more likely to prepare.

Disaster Preparedness of Households with Special Needs in Southeastern Pennsylvania 2009 American Journal of Preventive Medicine

# Feeling Safe, Being Safe Emergency Preparedness Planning

Guided by the Consumer Advisory Committee of the California Department of the Developmental Services, <u>Feeling</u> <u>Safe, Being Safe</u> emergency preparedness video webcast training was produced by Board Resource Center. Feeling Safe, Being Safe incorporates easy-to-use training materials to create personalized preparation plans and assemble home emergency kits. The series can be tailored for use by many communities in various regions of the country.



# Feeling Safe, Being Safe

**Children's Planning Booklet** 

Created by a child, this booklet helps children learn about safety in a fun way. With many pictures and few words, families can talk together easily about preparedness and making a home emergency kit.

## **From the Field** Kecia Weller

Person with disabilities living in her community



"...Coming out of being shy is empowering because the more friends you make, the more resources you have. If something happens, emergency responders will probably be somewhere else so people nearby are the ones who can help. It's important for neighbors to get together

because we can use each other ... " click here for full story

#### Carol Risley Community member

"...I am like 99 percent of the population, all those people who don't

think about anything like that until something significant changes their lives. Even after our experience when traveling in Florida during Hurricane Andrew, where we were lived four days with no electricity, we were not realistic about planning in the event of a disaster or emergency. We always thought we could just grab



some belongings, take the dogs and jump in car..." <u>click here for</u> <u>full story</u>

### Lesleyanne Ezelle

#### **Disability Integration Specialist Federal Emergency**

Management Agency



"...Since joining FEMA in 2011 I have been deployed 10 times to assist in response and recovery efforts after a disaster. Working with people who have been impacted by disasters and seek assistance, I learned some key aspects to preparedness for people with disabilities..." <u>click here for full story</u>

#### Sophie Evrard Seven years old

"...I think all people, especially children, need to know what to do when something disastrous happens like an earthquake, tsunami or tornado..." <u>click here for full</u> <u>story</u>



I made the Feeling Safe, Being Safe activity book for other children to learn about safety in a fun way.

### **BRC Library Resources**

Feling Safe, Being Safe Videos and easy-to-read materials in English and Spanish.

Feeling Safe, Being Safe Presentation PDF slide presentation materials.

Feeling Safe, Being Safe Story Background, purpose, methods, outcomes.

#### Feeling Safe, Being Safe Train-the-Trainer

In California and Hawaii, the curriculum was used to train more than 60 Feeling Safe, Being Safe community volunteers in how to facilitate community groups when learning to use the tools.



A webcast video series for care providers and families serving people with developmental disabilities and mental health issues. Funded by the Mental Health Services Act (MHSA) In partnership with the California Department of Mental Health and Department of Developmental Services.

# **About BRC**

#### **Our Mission**

BRC contributes to the inclusion and self-determination of persons with diverse abilities in decision-making, advocacy and governance activities.

Our work helps increase the capacity of individuals to engage in civic life

and organizations to meet the needs of those they serve by providing training, facilitation, coaching and customized tools. BRC's services become the bridge for those whose skills may not be up to the requirements of an increasingly complex information society and increases capacity of the public agencies that serve them.

#### **Current Work**

**Project Hope** – Creating PROJECT HOPE website and producing video series aimed at raising awareness of mental health signs and symptoms and how to use the mental health system.

*Effective Communication - End-of-life planning*. Conducting statewide learning groups to hear about the best way to communicate about POLST (<u>Physican Orders for Life Sustaining Treatment</u>) and healthcare decisions.

Visit our homepage at: <u>www.brcenter.org</u> Contact us: <u>newsletter@brcenter.org</u>

