

# Self-Advocates Advisory Committee

A large blue rounded rectangle containing the following elements:

- SCDD Logo:** The logo for the California State Council on Developmental Disabilities (SCDD). It features a red stylized figure with arms raised, a red star, and the text "CALIFORNIA SCDD State Council on Developmental Disabilities".
- Signpost:** A wooden signpost with five directional signs pointing right, labeled from top to bottom: "Voice of the People", "Visibility", "Good Services", "Representation", and "Community".
- Advocacy Text:** The word "Advocacy" is written in white, slanted text at the bottom left. A yellow arrow points from this text towards the signpost.
- Illustration:** A small illustration of a man in a white shirt and black pants standing next to a woman in an orange dress.
- Date:** The date "March 15, 2011" is written in white at the bottom center.





# SCDD Preparation Agenda

## 10 AM – 4 PM

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Introductions and Welcome	10.00 - 10.10
CAC Vision – Executive Director	10.15 - 10.45
SCDD Mtg. Agenda Highlights	10.45 - 11.45
<ul style="list-style-type: none"><li>•Legislative and Policy Recommendations</li><li>•Project SEARCH</li><li>•Executive Director Evaluation Tool</li></ul>	
Employment First Committee	11.45 - 12.15
<b>LUNCH</b>	12.15 - 1.15
Your Reports at SCDD Mtgs.	1.15 - 1.45
<ul style="list-style-type: none"><li>•Legislative and Policy Recommendations</li><li>•Project SEARCH</li><li>•Executive Director Evaluation Tool</li><li>•Employment First</li></ul>	
<b>BREAK</b>	1.45 - 2.00
CAC Leadership	2.00 - 4.00
<ul style="list-style-type: none"><li>•Purpose, Representation, Advocacy Mission Statements</li></ul>	



# Meeting Outcomes

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- CAC Vision and State Advocacy
- Be prepared for the State Council meeting
- Study key issues
- Share advocacy & leadership mission statements
- Community assignments

**Leadership - Direction - Action**



# SCDD Mission Statement

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"The Council collaboratively advocates, promotes and implements policies and practices that achieve

What does  
all of this  
mean?

- **SELF-DETERMINATION,**
- **INDEPENDENCE,**
- **PRODUCTIVITY,**
- **INCLUSION**

in all aspects of community life for Californians with developmental disabilities and their families."

# SCDD Consumer Representation

- Federal law says consumers comprise at least 60%. Consumers are individuals and family representatives.



Since 2003, California law requires 13 consumer members must be from Area Boards.

- Assembly/Senate each recommend a consumer appointed by the Governor.

# SCDD Beliefs

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SCDD works to achieve a consumer and family-based system of individualized services, supports, and other assistance.

*Through*

What does  
all of this  
mean?

- **ADVOCACY,**
- **CAPACITY BUILDING,**
- **SYSTEM CHANGE**

# Building Consumer Leadership

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## Vision Statement

A statement about the way we want SCDD to be in the future.

What does  
all of this  
mean?

## Consumer voice at SCDD meetings

Represent consumers and families.

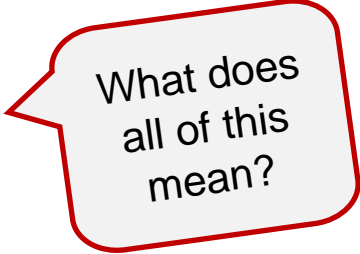
Active participation at Council meetings.

Engage with your community and advocacy groups.

# Building Consumer Leadership

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## Proactive CAC



What does  
all of this  
mean?

- Brings issues to Council meetings from the community.
- Share views on Council meeting materials.
- Bring information to the community.
- Participate on SCDD committees
- Help fulfill the SCDD mission and strategic plan.
- Serve as role models (leadership by example).



# Building Statewide Leadership

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## Statewide peer/self advocacy leadership



*SCDD will bring together peer advocates for leadership development and planning*

- 13 area boards,
- Community/State advocacy groups
- Agency advisory groups and organizations,

# Building Statewide Leadership

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Purpose:

## Advance SCDD Strategic Plan

Consumer leadership/advocacy development



**THINK**

Statewide peer advocacy vision



**PLAN**

plans in each community



**DO**

Ongoing activities

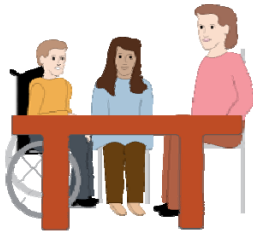
# Leadership Activities

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## Personal Leadership – 1<sup>st</sup> Steps

1. Develop personal advocacy mission statement.
2. Identify advocacy goals and plans achieve them.



## Statewide Group

1. Develop statewide advocacy vision.
2. Identify group advocacy goals and plans achieve them.
3. Implement in communities.
4. Annual report to SCDD and community organizations.



# Leg & Public Policy Committee



## LEGISLATION KEY QUESTIONS

- What does it say?
- Why should SCDD support?
- What do you think about it?
- As a representative, what do people in your community think about it?

# Part II

## SCDD Meeting Agenda Review

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- Legislative and Public Policy Recommendations
- Extension and Expansion of Project SEARCH
- Executive Director Evaluation Tool



Employment First Committee



# Leg & Public Policy Committee



## KEY QUESTIONS-LEGISLATIVE BILLS

What does it say?

Why should SCDD support?

What do you think about it?

As a representative, what do people in your community think about it?

### Support

**AB171** (Insurance & Autism)

### Support, if amended

**AB 181** (Mental health services for foster children)

### Support

**AB 39** (Special Education \$ from mental health services fund)

### Watch

**AB170** (Divide Inland Regional Center into two Regional Centers)



# Leg & Public Policy Committee



## KEY QUESTIONS-LEGISLATIVE BILLS

What does it say?

Why should SCDD support?

What do you think about it?

As a representative, what do people in your community think about it?

## SUPPORT WITH AMENDMENTS

**AB153** (Include mental health services in health care coverage)

## WATCH

**SB121** (Improve special education for children incarcerated)

## NOT SIGNED BY GOVERNOR

**SB 1059** (Access to special education for foster children)

# Leg & Public Policy Committee

## 2012 Governor's Budget

**Trailer Bills:** bills to make necessary changes to laws so new budget changes can be carried out legally

### SCDD Recommendations:

Proposed changes must have process for appeals and exceptions, not risk health and safety, not more restrictive settings.

#### **OPPOSE**

Cap on yearly MediCal spending (durable medical equip., etc.)

#### **OPPOSE**

Reduce SSI/SSP to minimum required by federal government.

#### **OPPOSE**

Elimination of Adult Day Health Care Services.

#### **SUPPORT**

85% Regional Center \$\$ spent on direct service, with amendments.



# Leg & Public Policy Committee

What do  
you think?

## SCDD Recommendations:

### **SUPPORT**

Prohibition of Regional Center's using same accounting firm for 5 years every 10 years.

### **SUPPORT**

Language about conflicts of interest of Regional Center board members and employees, with responsibility by DDS.

### **OPPOSE**

MediCal limit of 6 prescription drugs per month.

### **OPPOSE**

MediCal limits of Doctors visits to 10 per year.

### **OPPOSE**

Cut of IHSS domestic services for people who have housemates or children living with parents.

# Leg & Public Policy Committee

What do  
you think?

## SCDD Recommendations:

### **OPPOSE**

Permanent reduction of IHSS by 3.6 % and more reductions by 12%.

### **OPPOSE**

Requirement to get Dr. statement about needing IHSS or at risk of out-of-home placement.

### **OPPOSE**

Development of statewide purchase of service standards.

### **SUPPORT**

Ability to go after 3<sup>rd</sup> party or insurance for services when child (under 3 yrs.) is injured.

### **CLARIFICATION**

Transition from Agnews and Lanterman DCs and health care systems.

# Leg & Public Policy Committee

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What do  
you think?

## SCDD Recommendations:

### **SUPPORT**

Regional Centers report their boards follow the law & approve any contract over \$350,000.

### **OPPOSE**

MediCal requiring enteral nutrition products for adults be limited.

### **OPPOSE**

MediCal not covering over-the-counter cold products.

### **OPPOSE**

Revising co-payments rates, requiring co-payments for more services.

# Project Search



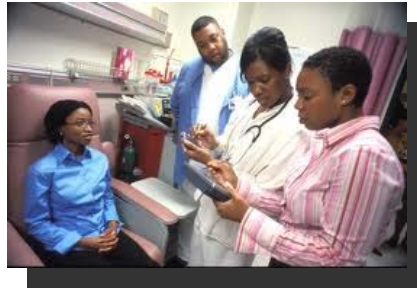
## KEY QUESTIONS

What does it say?

Why should SCDD support?

What do you think about it?

As a representative, what do people in your community think about it?



**SCDD Recommendation to extend contract and add \$37,000.**

January presentation about Project Search:

- Exceeded goals
- Wants to expand statewide through Kaiser
- Strengthen existing sites

# Executive Director Evaluation

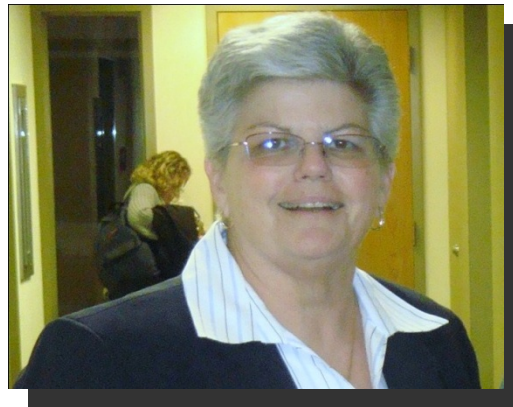


## KEY QUESTIONS

What does it say?

Why should SCDD support?

What do you think about it?

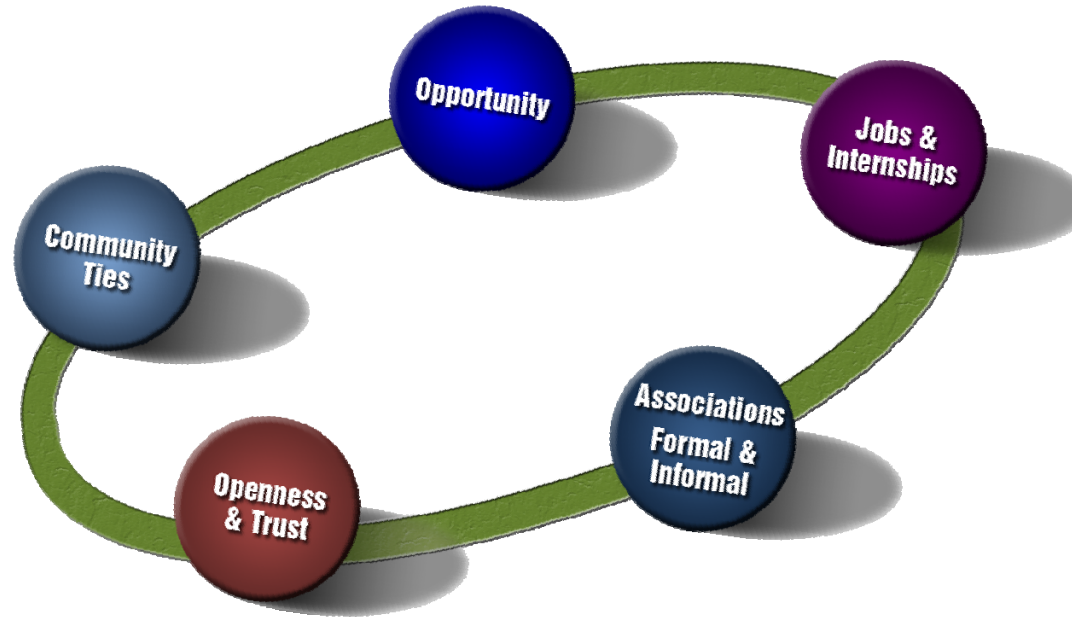


Draft reviewed in January, revised after including three comments:

1. Include Executive Director in evaluation process.
2. Convert to plain language.
3. Add items about state strategic plan & goals

# Employment First Committee

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## Consumer Group Proposal

### WORK IS FOR ALL

“People want real jobs, earn real wages in the community with accommodations, if needed”

*Group Consensus, modified by SCDD*



# Employment First Video



## QUESTIONS

1. How will the policy help people get and keep jobs?
2. Is it useful for the long-term?
3. Can it be measured



### **Include consumers in all partnerships and decisions**

“nothing about us, without us”



### **Inclusion/Networking (Natural Supports)**

“School age children must be included in their school and community when they are young. That’s the foundation that we build everything on”

*Group statement, January 2011*

- Use local resources and contacts to connect people to good jobs in their local community, join groups, network to find jobs, not just depend on agencies.
- Help children get ready by using natural supports.
- Begin early to include children in neighborhood activities.

*Group Strategy, 1/2011*



# Employment First Video



## QUESTIONS

1. How will the policy help people get and keep jobs?
2. Is it useful for the long-term?
3. Can it be measured



## Transition

“Will help students learn skills and get experience”

*Group Consensus*

- Begin work experience at fourteen.
- Increase hours of community paid work as students get older.
- Increase time students learn how to do jobs 2-6 hours a day.
- Work with employers so students keep jobs after they graduate or leave school.



# Leadership-Purpose-Representation

SCDD works to achieve a consumer and family-based system of individualized services, supports, and other assistance through



**ADVOCACY,**



**CAPACITY BUILDING,**



**SYSTEM CHANGE**

## Consumer voice at SCDD meetings

- Represent consumers and families.
- Active participation at Council meetings.
- Engage with community and advocacy groups.
- Bring the voice of the community to the Council
- Participate in Council Statewide strategic plan
- Statewide advocacy plan

# Leadership - Representation

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## Community (before the meeting):



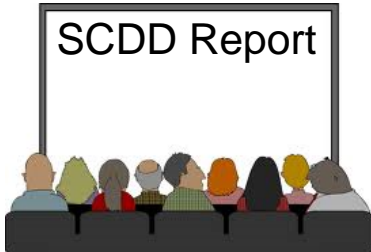
Make and enhance community connections  
Ask questions – bring ideas to meetings

## Meetings:



Be prepared: Know the material  
Ask questions, give opinions  
Share perspective of community members  
Lead with new ideas

## After Meetings:



Take important decisions/information back  
Get input

# Personal Leadership

## Advocacy Mission Statements

### ADVOCACY MISSION STATEMENT & LEADERSHIP GOAL

THINK



*Why do you want to be a Council member and leader?*

PLAN



What will you do to be an "*effective*" council member/leader.

DO



What ways can you *take action at meetings and in your community.*

# Leadership Activities

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## Mission Statement



1. Develop personal advocacy Mission Statement.
2. Identify advocacy goals
3. Make the plan to achieve goals (with support).

## Video & Booklet Governance Training Series



1. 5-part video "Being an effective Council member.
2. Booklets that follow video.
3. Easy to use SCDD webpage.