



**April 11, 2012**  
**Day #1**

**MEET & GREET** (*What people like about me*)

Jaimal Kordes	Region 1	Passionate about helping people speak about their hopes and dreams
Ricky Sedillos	Region 2	Outgoing, funny, good lower/hard worker
Austin Taylor	Region 3	Positive attitude
Jimmy Marks	Region 4	Straightforward, help others speak up, write my own speeches
Regina Woodliff	Region 5	Sense of humor, likes to help people
Kecia Weller	Region 10	Precocious
Trena Wade	Region 13	Outgoing, not afraid to speak my mind

Nicole Patterson	DDS	Reliable
Daniel Meadows	DRC	Encourage peers to speak up
Stephanie Niles	Region 8	High self-esteem, understanding, being happy
Wesley Witherspoon	UCEDD-USC	Funny
Stephen Katz	UCEDD-UCLA	Thorough and persistent
Robert Levy	UCEDD-MIND	Gardening and caring for family, care for family and pets, good with trivia and facts

# CONVENTION ON THE RIGHTS OF PERSONS WITH DISABILITIES



Ratified by 99 countries; US has not approved yet-we are signatories; Rights include basic human rights: healthcare, live independently, job, etc.



## NETWORK - THOUGHTS OF MEMBERS

- Jennifer I believed for years that California can be led by self-advocates; this tells me that I can lead and have a voice; working together we can make our voices louder and heard. I'm Jennifer; 1<sup>st</sup> an advocate, mom, grandma, disability is last on my list.
- Kecia Very important that self-advocates organize; we say we have a voice; this is a civil rights movement.
- Jimmy Professionals have been making decisions for way too long; good leaders start at the bottom (foot soldier to general).
- Austin Redefine what it means to have a disability- "not able to do things in same fashion as others" Makes us unique not different.
- Jesse Have to be assertive but not angry or aggressive.
- Ted We need to constantly be finding more leaders.
- Trena Advocacy will extend beyond elected officials.
- Jamail Speak with churches, community, etc. to explain our advocacy goals.
- Wesley Think of agencies to speak to that are outside your comfort zone.



## NETWORK BRANDING

Logo ideas:

- Arrows remind me of a bridge (image of bridge over map of CA state)
- Have a contest in our communities
- Not too many words
- Pictures to represent words

Color Ideas:

- Blue = power
- Red = passion

Tag Line Idea:

- "Building Bridges for All - Connecting All"



## BRIEFCASE AND CONTENTS

### Technical

- Webcam
- Flash Drive (red)
- Laptop speaker
- Headset with microphone

### Resources

- DDS CAC DVD & Book
- Network Booklet
- Facilitation Booklet



## FLASH DRIVE CONTENTS

- Contacts
- Employment resources
- Facilitation book and worksheet
- Leadership resources
- Meeting presentation slides
- Presentation Resources
- SCDD background
- SSAN Information
- SSAN Meeting Materials
- Mp4 Videos



## TECHNOLOGY QUESTIONS

Send email **to:** [tech@brcenter.org](mailto:tech@brcenter.org)



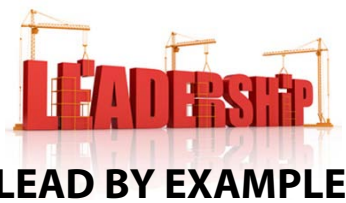
## GOOGLE GROUP, ADOBECONNECT & SKYPE

- **Tip:** Members don't need a Google email account
- **Tip:** A way to share resources and communicate between meetings.
- **Tip:** For members and their organizations, not general public



## **LEADERSHIP QUALITIES MEMBERS SPEAK OUT**

- Lead from the middle-not above, be part of the organization
- Good leader encourages others
- Has charisma
- Listens to people
- Has self-esteem, perseverance, someone you can look up to
- Confident, gives encouragement
- Shares knowledge and experience
- Self-confidence, mentors others
- Not afraid to be challenged
- Draws people in, teamwork
- You don't realize a person is leading
- Takes criticism well
- Knows how to delegate
- Knows it is not about them
- Represents group's interests,
- Helps advance a new path or vision
- Communicates well, good speaker
- Learn as they go and keep learning,
- Always learning
- Flexible
- Learns from mistakes and does better next time
- Doesn't let others intimidate them
- Willing to try new things



## **LEAD BY EXAMPLE**

- Be a positive role model
- Be patient and compassionate
- Show you have the patience to work with all people
- Be willing to share successes and failures
- Reflect after meetings to improve leadership style
- Be trustworthy



## **WHAT IS AN OUTCOME?**

- Meeting a goal that was set.
- Having a vision of where you want to go.
- End result, positive or negative.
- Creating a plan, seeing it through and in 5 years we'll be in a better place.
- There has to be steps in order to get to your dream.



## **WHY ARE OUTCOMES IMPORTANT?**

- Gives Network purpose
- Have to put verbs in your sentences or it's empty words without action
- Shows history of what we did, helps us do a better job in the future
- Shows progress
- Creates short-term wins

## WHAT DO YOU NEED TO LEARN AS A LEADER?

- Make lists (help remembering)
- Not be bossy
- Share personal experiences
- Stay connected to peers
- Listen to others, what they want, not just me
- Not be intimidated.

### Let's Recap HIGHLIGHTS

- Great ideas today
- Using technology - will be great to bring advocacy to local groups
- This group will really make a difference
- Happy with the group who love to laugh, believe in the gift of sharing and making a contribution.
- Look forward to the journey; speaking out, telling people what we're about.
- Nothing about us, without us, people with disabilities involved
- Humbled by people who shared and am willing to learn more.
- Looking forward to building and spreading the vision throughout CA.
- Diversity of the group - new peers and mentor
- Look out because we have a lot to say!

## MEETING #1

### Day #2

#### **MEMBER CHECK-IN (Community advocacy activities)**

Jimmy	activities coach at day program; blog for people with autism
Jamail	artists' studio for people with developmental disabilities; sing in choir; act as spokesperson at local colleges
Jennifer	active in Capitol People First, SCDD and Peer Advocacy Connection
Kecia	active with People First; church council; teach disability awareness; volunteer at local food bank; volunteer at Apple Store
Daniel	Disability Rights CA, serve on multiple committees; work with Area Board 2 (Chico); coach church basketball team
Ricky	on ARCA Board of Directors and local regional center
Curtis	volunteer at local fire station; work at local ball park
Nicole	teach Sunday school for 2-3 yrs old; speak at Alanon meetings
Ted	work with coalition for implementation of Fair Act; work with teacher and parent groups; will create curriculum for disability awareness
Stephanie	involved in church, VBS
Regina	involved with People First, outreach with the literacy program
Robert	childcare of nephew and niece; work with PEC; intern at MIND Institute; work at Target; work with Sacramento autism self-advocacy
Jesse	ARCA CAC; DDS CAC



- Wesley USC UCEDD; AB10; volunteer with Westside Regional Center
- Trena San Diego State - Native American Student Alliance (encourage youth to go to college); Help Area Board 13 (College Bound Program); People First; Voter Education trainings; volunteer with Domestic Violence Prevention Center; collect crayons for Children's' Hospital; Self-Advocates for a Better Tomorrow
- Steven Autistic Self Advocacy Network- co-directs LA chapter; Tarjan Center at UCLA; youth program-integrated employment program; youth advisory committee for CA Health Incentives Improvement Project

## **NETWORK MISSION STATEMENT *Ideas***

- Create a bridge between Network and community
- Compassion and patience
- Lift others up about disability rights
- Bridge disability community and organizations
- Create a more united voice
- Listen to voices that can't be here
- Promote community leadership
- Build a bridge to resources that were previously inaccessible
- Organization and efficiency
- Listen to the community
- Bridge between policy and self-advocacy networks
- Unite communities with one voice
- Connect organizations, build bridges
- Listen to people; bring information to/from communities

## **SSAN Mission Statement**

### **Key Words**

- Create bridge
- Bridge to get over barriers
- Lift up about disability rights
- Channel of information
- People equal
- Unite
- Connect with non disability groups
- Promote community leadership

### **Network activities to support mission**

- Offer tech assistance in our communities
- Use music, entertainment, art to get message out
- Get high school students involved

### **Facilitator Meeting**

- Who lives in our area? What subgroups are local?
- What local issues need to be addressed? (transportation, etc.)
- Team work to develop regional advocacy plan
- Issues explored at local/regional level are brought to SSAN
- Use Skype/AdobeConnect to share regional issues with other groups

### **Network Facilitation Support Structure**

- Small group meetings will be initiated by Tammy, Charlene or Mark. You will be contacted by one of the facilitators
- Monthly meetings by AdobeConnect once SSAN is in place
- *Be patient* as we test out new media and tech communication formats

### **Adjourn -**



**Members' Group Notes**  
**April 12, 2012**  
**(Facilitated by Carol Risley)**

**ADVOCACY NEEDS:**

1. Making Capitol visits
2. Using technology, everyone getting up to speed
3. Raising money & trips to national conferences
4. Speaking at schools and colleges about bullying, disability awareness
5. Budget issues (Capitol Action Day - MIND Institute)
6. Higher education options for students with disabilities
7. Employment: lack of jobs, low wages (fair pay, not living in poverty)
8. Sex education, parenting education, abuse prevention
9. Personal budgeting "how-to"
10. MediCal issues, healthcare needs (federal healthcare reform law)
11. Managed care issues and training

**WHAT IS NEEDED TO ADVOCATE**

1. Learn more about public policy
2. Disability Equity. training
3. Know effective ways to reach legislators
4. SAY Team (FNRC) 2 types of presentations
5. Partners in Policymaking approach
6. Learn how to approach people of different cultural backgrounds

## GRASSROOTS ORGANIZING

1. Teach disability awareness, use of technology
2. Jr. and Sr. high school programs to help with choices after high school
3. Vendor booths at local events
4. Sensitivity training for people without disabilities
5. Lack of training in group homes

## 5 YEAR VISION:

1. Disability awareness: Begin with elementary, junior, senior high students
2. Accreditation plan after a few years
3. People with disabilities leading more “normal” lives